

## **ARIZONA BENEFITS**

For 50 years, the Older Americans Act (OAA) Nutrition Program has ensured older adults have affordable and nutritious meals. The program promotes socialization and reduces food insecurity.



#### In Arizona:

- More than 34,500 older adults receive meals.1
- An estimated 3.1 million meals are served each year.<sup>2</sup>



The OAA Nutrition Program is available to nearly 1.7 million people ages 60+ in Arizona.<sup>3</sup>

An estimated 6.9 percent of older adults in Arizona are food insecure.<sup>4</sup>





Arizona receives over \$15.5 million<sup>5</sup> to provide services through 140 local programs.<sup>6</sup>

Nationally, the vast majority of participants say the program improves their health and independence.<sup>7</sup>





## **Need Support?**

To find nutrition services for older adults in Arizona, go to des.az.gov/food-assistance or call 1-855-432-7587.

# Celebrating 50 Years of the Older Americans Act Nutrition Program



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## **REFERENCES**

- 1. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.
- 2. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.
- 3.U.S. Census Bureau, American Community Survey. (2020). Retrieved from <a href="https://data.census.gov/cedsci/table?q=american%20community%20survey&g=0400000US04">https://data.census.gov/cedsci/table?q=american%20community%20survey&g=0400000US04</a>. Note that 60+ data was determined through the addition of 60 to 64 data and 65 and over data.
- 4. Ziliak, J., Gundersen, C. (May 2022). The State of Senior Hunger in 2020. Retrieved from <a href="https://www.feedingamerica.org/sites/default/files/2022-05/The%20State%20of%20Senior%20Hunger%20in%20202">https://www.feedingamerica.org/sites/default/files/2022-05/The%20State%20of%20Senior%20Hunger%20in%202020</a> Full%20Report%20w%20Cover.pdf.
- 5. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.
- 6. Administration for Community Living. Data Source: Older Americans Act State Program Report, FY 2020. Accessed August 10, 2022.
- 7. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.