

CONNECTICUT BENEFITS

For 50 years, the Older Americans Act (OAA) Nutrition Program has ensured older adults have affordable and nutritious meals. The program promotes socialization and reduces food insecurity.



In Connecticut:

- Nearly 24,100 older adults receive meals.1
- An estimated 2.1 million meals are served each year.²



The OAA Nutrition Program is available to over 858,800 people ages 60+ in Connecticut.³

An estimated 6.6 percent of older adults in Connecticut are food insecure.⁴





Connecticut receives nearly \$6.1 million⁵ to provide services through 38 local programs.⁶ Nationally, the vast majority of participants say the program improves their health and independence.⁷





Need Support?

To find nutrition services for older adults in Connecticut, go to <u>portal.ct.gov/AgingandDisability/Content-Pages/Programs/Elderly-Nutrition-Program</u> or call 860-424-5055.

Celebrating 50 Years of the Older Americans Act Nutrition Program



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REFERENCES

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- 3. U.S. Census Bureau, American Community Survey. (2020). Retrieved from https://data.census.gov/cedsci/table?q=american%20community%20survey&g=0400000US09. Note that 60+ data was determined through the addition of 60 to 64 data and 65 and over data.
- 4. Ziliak, J., Gundersen, C. (May 2022). The State of Senior Hunger in 2020. Retrieved from https://www.feedingamerica.org/sites/default/files/2022-05/The%20State%20of%20Senior%20Hunger%20in%202020 Full%20Report%20w%20Cover.pdf.
- 5. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.
- Administration for Community Living. Data Source: Older Americans Act State Program Report, FY 2020.
 Accessed August 10, 2022.
- 7. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.