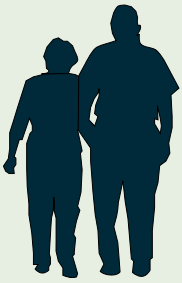


Celebrating 50 Years of the Older Americans Act Nutrition Program



MAINE BENEFITS

For 50 years, the Older Americans Act (OAA) Nutrition Program has ensured older adults have affordable and nutritious meals. The program promotes socialization and reduces food insecurity.



In Maine:

- More than 15,800 older adults receive meals.¹
- An estimated 1 million meals are served each year.²



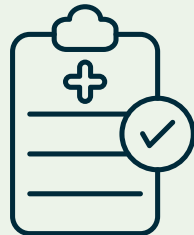
The OAA Nutrition Program is available to more than 380,600 people ages 60+ in Maine.³

An estimated 5.2 percent of older adults in Maine are food insecure.⁴



Maine receives over \$2.2 million⁵ to provide services through 58 local programs.⁶

Nationally, the vast majority of participants say the program improves their health and independence.⁷



Need Support?

To find nutrition services for older adults in Maine, go to maine.gov/dhhs/oads/get-support/older-adults-disabilities/older-adult-services/food-and-nutrition or call 1-877-353-3771.

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MAINE BENEFITS

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6. Administration for Community Living. Data Source: Older Americans Act State Program Report, FY 2020. Accessed August 10, 2022.
7. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.