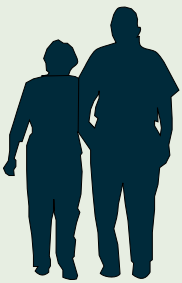


# Celebrating 50 Years of the Older Americans Act Nutrition Program



## MASSACHUSETTS BENEFITS

For 50 years, the Older Americans Act (OAA) Nutrition Program has ensured older adults have affordable and nutritious meals. The program promotes socialization and reduces food insecurity.



### In Massachusetts:

- More than 74,100 older adults receive meals.<sup>1</sup>
- An estimated 10.3 million meals are served each year.<sup>2</sup>



The OAA Nutrition Program is available to nearly 1.6 million people ages 60+ in Massachusetts.<sup>3</sup>

An estimated 5.3 percent of older adults in Massachusetts are food insecure.<sup>4</sup>



Massachusetts receives nearly \$14.3 million<sup>5</sup> to provide services through 89 local programs.<sup>6</sup>

Nationally, the vast majority of participants say the program improves their health and independence.<sup>7</sup>



### Need Support?

To find nutrition services for older adults in Massachusetts, go to [www.mass.gov/nutrition-program-for-seniors](http://www.mass.gov/nutrition-program-for-seniors) or call 800-243-4636.

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## MASSACHUSETTS BENEFITS

### REFERENCES

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5. Administration for Community Living. Data Source: 2021 National Survey on Older Americans Act Participants. Accessed July 22, 2022.
6. Administration for Community Living. Data Source: Older Americans Act State Program Report, FY 2020. Accessed August 10, 2022.
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