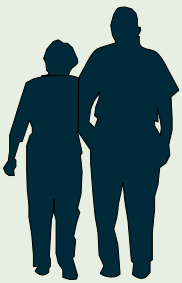


Celebrating 50 Years of the Older Americans Act Nutrition Program



NORTH CAROLINA BENEFITS

For 50 years, the Older Americans Act (OAA) Nutrition Program has ensured older adults have affordable and nutritious meals. The program promotes socialization and reduces food insecurity.



In North Carolina:

- Nearly 46,500 older adults receive meals.¹
- An estimated 5 million meals are served each year.²



The OAA Nutrition Program is available to more than 2.3 million people ages 60+ in North Carolina.³

An estimated 7.7 percent of older adults in North Carolina are food insecure.⁴



North Carolina receives nearly \$15.2 million⁵ to provide services through 182 local programs.⁶

Nationally, the vast majority of participants say the program improves their health and independence.⁷



Need Support?

To find nutrition services for older adults in North Carolina, go to www.ncdhhs.gov/divisions/aging-and-adult-services/nutrition-congregate-and-home-delivered-meals or call 919-855-3400.

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NORTH CAROLINA BENEFITS

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6. Administration for Community Living. Data Source: Older Americans Act State Program Report, FY 2020. Accessed August 10, 2022.
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